

LEADERSHIP *Coaching & Counseling* for Improved Performance

Every employee can reach higher levels of performance, including your average and best performers. What they need is a leader who can coach; someone who can routinely observe, assess, and interact in ways that develop and maximize individual effectiveness. This engaging and impactful seminar will help participants raise their potential and level of performance and get the most out of their team.

What you will learn:

- An Introduction to leadership coaching
- Assess your team for gaps between potential and current performance
- Cite research on coaching impact on measurable performance improvements
- Skills in support of coaching
- Practice coaching to become comfortable and skilled in asking open-ended questions
- Practice listening for skill improvement
- Develop critical distinctions for language and make distinctions through live application
- Gain a comprehensive understanding of leadership coaching
- Observe demonstrations of the model's application
- Perform all five steps of the Coaching Model in live practice
- Key issues related to effective coaching
- Challenge the notion of "coach ability,"
- Engage in self-examination of attitudes that support or thwart successful coaching

Delivery options:

Half-Day / One-Day Workshop

Keynote: 90-Minute Presentation

INSTRUCTOR:

ALEX E. GARCIA, Ph.D., is a globally experienced leader, international speaker, performance improvement coach and trainer. He has worked with a diverse client base developed over 20 years including: The Department of Defense, Lockheed Martin, Kaiser Permanente, NOAA, NSA, Federal Law Enforcement Training Center, Sara Lee Foods, Social Security Administration and the CDC, to name a few. Dr. Garcia is also the Founder and CEO of Leadership Dynamics, a consulting firm specializing in leadership development. With a Ph.D. in Industrial Organizational / Behavioral Psychology, from Wright State University, Dr. Garcia has applied his education, expertise and experience to working with clients in the U.S., Canada, Europe, and Asia. He took his message to a broader audience when he released the audio series “The Mental Edge”, which explores how the self-esteem and self-image affects professional and personal effectiveness. Dr. Alex Garcia is also an adjunct faculty member with the Federal Government Office of Personnel Management. Additionally, he is certified on a range of widely recognized programs and psychological assessments including Leadership Coaching, 360-Degree Feedback Coaching, California Personality Inventory (CPI), Emotional Intelligence, DiSC Behavioral Styles Assessments and Project Management, to name a few. Dr. Garcia has coached, spoken to, and taught leadership and management skills to leaders of business, government, and education, and has built a reputation for providing passionate, energized and enthusiastic coaching, speaking and training sessions for professionals in many industries and sectors.

For more information or to request a Proposal: Please contact
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Complete list of clients, training, speaking topics, coaching services, video demo, and testimonials, is available at:
www.leadershipdynamicsllc.com.

Partial Client List

Federal Executive Institute (FEI)
U.S. Department of Justice
U.S. Department of Defense
Social Security Administration
Department of Agriculture
Naval Systems Command
Department of Interior
Department of Energy
Federally Employed Women Org.
DC Dept. of Transportation
Northrop Grumman
US Census Bureau
Lockheed Martin
U.S. Air Force Research Laboratory
Bellevue Hospital
University of Oklahoma
NASA
NSA
NOAA