LEARN TO ENGAGE, MOTIVATE, AND INSPIRE, YOUR TEAM Leading With PURPOSE

Strong, productive teams that pull together, exceed goals and go the extra mile don't happen by accident. They're created, led and motivated by leaders with exceptional team building skills. Thanks to this intensive training, managers, supervisors and team leaders can now master the latest techniques, innovative tools and best practices used by top leaders to improve team performance and increased productivity.

This revolutionary approach to team leadership training is highly interactive, and the participants "learn by doing" it, in proactive sessions, small groups activities, role playing and other team-building exercises. They'll gain tools for improving cooperation, teamwork and team communication. They'll learn a proactive approach to team building and effective leadership.

Some of what you will learn:

How to become and effective leader, mentor and coach
How to turn successes and failures into "training moments
What teams really need from their leaders
5 secrets to becoming the team leader everyone wants to work for
A team approach to dealing with unacceptable behavior
7 facts you must know before you can really lead
The importance of a well-thought-out communication strategy
How to fulfill your team's ongoing need for direction and vision
The responsibility to make sure all your team's needs are met

Organizations that have brought this training on-site have reported immediate and dramatic results in the effectiveness of their managers, supervisors and team leads, and higher overall morale.

Who Will Benefit From Training:

Managers, supervisors, team leaders and team members who would like to learn better ways to motivate, inspire and lead.



-ADERSHIP

Delivery Options: Half-Day / One-Day Workshop Keynote:60-90-Minute





COURSE OVERVIEW:

Training includes, but not limited to, the following topics:

BECOME AN EFFECTIVE TEAM LEADER, MENTOR AND COACH

- □ What is a Mentor and Coach
- □ The Leadership Philosophy
- □ Characteristics of an Effective Team Leader
- □ The Rewards of Effective Leadership

ESTABLISHING DIRECTION

- □ The Power of Goal Setting
- Committing Yourself to Your Goals
- Designing Your Future
- **G** Establishing Priorities
- □ Making Workable Plans
- Visualizing Your Success

DEVELOPING A POSITIVE SELF-IMAGE / SELF-ESTEEM

- □ The Relationship Between Self-Image, Self-Esteem and Success
- □ What is the Self-Esteem
- Overcoming Negative Attitudes
- □ Creating a Positive Image and Positive Self-Esteem

COACHING TEAM MEMBERS TO PEAK PERFORAMCE

- □ Keys to Effective Coaching
- □ How to Establishing a more Positive, Energized Work Environment
- Different Coaching Approaches for Different Team Members
- Better-Than-Money Motivation Techniques Every Leader Should Know
- □ Establishing a More Motivational Climate

HOW TO CREATE A STRONER, MORE EFFECTIVE TEAM

- □ Techniques for Building Trust and Mutual Respect
- Power Tips for Boosting Cooperation and Teamwork
- □ How to Keep Your Team Up and Energized Under Pressure, Crisis, and Change
- □ Spotting Team Member Burnout Before It's Too Late and How to Help

MAXIMIZING PERSONAL PRODUCTIVITY

- □ Using Each Person's Best Qualities
- Delegating With a Purpose
- **D** Training for Growth and Renewal
- □ Integrating Personal and Organizational Goals
- □ Tracking Performance
- □ Providing Feedback on Performance
- □ Recognizing and Rewarding Productivity

Course Competencies This course supports the development of the following OPM competencies, which are part of the OPM Executive Core Qualifications (ECQs): **Strategic Thinking, Visioning, Developing Others; Accountability, Human Capital Management, Influencing/Negotiating, Continual Learning, Creativity/Innovation, Decisiveness.**

Tradition of Excellence

Dr. Alex Garcia and Leadership Dynamics has built a strong reputation for affordable, practical, and convenient business training for professionals everywhere, in every industry and sector. With many satisfied customers, we continue to provide superior training you come to expect from Dr. Alex Garcia. Our blended learning approach is designed to offer various training options to meet the individual needs of your employees and your organization. Choose from many quality courses that can satisfy your organization's needs any time, any where and in any format.



INSTRUCTOR:

ALEX E. GARCIA, Ph.D., is a globally experienced leader, international speaker, performance improvement trainer and coach. He has worked with a diverse client base developed over 20 years including: The Department of Defense, Lockheed Martin, Kaiser Permanente, NOAA, NSA, Federal Law Enforcement Training Center, Sara Lee Foods, Social Security Administration and the CDC, to name a few. Dr. Garcia is also the Founder and CEO of Leadership Dynamics, a training and consulting firm specializing in leadership development. With a Ph.D. in Industrial Organizational / Behavioral Psychology, from Wright State University, Dr. Garcia has applied his education, expertise and experience to working with clients in the U.S., Canada, Europe, and Asia. He took his message to a broader audience when he released the audio series "The Mental Edge", which explores how the self-esteem and self-image affects professional and personal effectiveness. Dr. Alex Garcia is also an adjunct faculty member with the (OPM) Office of Personnel Management. Additionally, certified on a range of widely recognized programs and psychological assessments including Leadership and Conflict Management Coaching, 360-Degree Feedback Coaching, California Personality Inventory (CPI), Emotional Intelligence, Disc Behavioral Styles Assessments and Project Management, to name a few. Dr. Garcia has trained, spoken to, and taught leadership and management skills to leaders of business, government, and education, and has built a reputation for providing passionate, energized and enthusiastic speaking and training sessions.

For more information or to request a Proposal: Please contact: Dr. Alex Garcia, Office: 614.920.1323 Cell: 614.205.8579 Email: alexgarcia@leadershipdynamicsllc.com

Complete client list, available training, speaking topics, coaching services, video demo, and testimonials, is available at www.leadershipdynamicsllc.com.

