From: Dr. Alex Garcia / Leadership Dynamics <alexgarcia@leadershipdynamicsllc.com>
Subject: Strong People Skills - The 8 Essentials
Reply: alexgarcia@leadershipdynamicsllc.com

Like

Vol.1, No.7 **March 2014**

Strong People Skills

The 8 Essentials

Do you believe you're qualified for a particular position, ready to lead a team, or entitled to a promotion because you have extensive experience? Well, it turns out that having great soft skills, more commonly known as "people skills", are essential and crucial to professional success.

People skills are the attributes and competencies that allow one to play well with others. On the surface these can be described as likeability, or having a good personality. When you look at what makes someone 'likable', more often than not, these attributes come in the form of effective, accurate and persuasive communication. Having a good people radar is a requisite for long term and effective professional success.

Whether you have been on the job for years, or considering applying for a new position, it's never too late to take inventory of your people skills. Making small changes in your people skills can have a big impact while working around others.

8 People Skills Essentials

***Open-Mind**: Being receptive to people's opinions does not mean you necessarily agree with them. It just means you can respect the opinion of others and consider it.*

***Active Listening:** Active listening can be learned with practice, and includes making eye contact, asking meaningful questions, providing feedback, and avoiding being distracted. When we listen to others, we make them feel valued.*

***Empathy:** Having empathy means that you have the ability to*

Strong People Skills - The 8 Essentials

The Magic Word

**The Little Red Book That Makes Your Dreams Come True!
(Law Of Attraction)**

Leadership Dynamics

"Constant kindness can accomplish much. As the sun makes ice melt, kindness causes misunderstanding, mistrust and hostility to evaporate".

"Albert Schweitzer"

understand someone's feelings. When you feel empathy for others, you are more likely to work out differences diplomatically.

Tolerance: *Having tolerance means you will be able to accept the idea that others engage in practices and beliefs that may not coincide with your own.*

Self-Awareness: *Self-awareness will help you to remain strong and able to identify your strengths and weaknesses and compensate for them where necessary.*

Patience: *Patience is a skill that everyone needs. It's important to remember that good things come to those who wait.*

Stress Management: *Any job can become stressful. There are a lot of things that can be done to de-stress. Find out what works for you and then use it when you feel the stress of the job or even your home life.*

Courtesy: *Being courteous to others will help you gain respect in return. It also makes for a more peaceful and satisfying work environment.*

Complete List of clients, training, speaking topics, and coaching services, video demo, testimonials, and references are available at http://leadershipdynamicsllc.com.

Exceptional Customer Service and Support *(How to Create Positive Collaborative Relationships)* (NEW)



Join Our Mailing List

Forward to a Friend

Stay Connected

Leadership Dynamics | (614) 920-1323
|alexgarcia@leadershipdynamicsllc.com |http://leadershipdynamicsllc.com/
127 Knights Bridge Dr. N.
Columbus, OH 43147

Copyright © 2012. All Rights Reserved.

Forward this email

SafeUnsubscribe

Trusted Email from Constant Contact FREE
Try it FREE today.

This email was sent to alexgarcia@leadershipdynamicsllc.com by alexgarcia@leadershipdynamicsllc.com |
Update Profile/Email Address | Instant removal with SafeUnsubscribe™ | Privacy Policy.

Leadership Dynamics | 127 Knights Bridge Dr. N. | Columbus | OH | 43147